





LE GOUVERNEMENT DU GRAND-DUCHÉ DE LUXEMBOURG Ministère de la Santé et de la Sécurité sociale

UNDERSTANDING THE HEALTHCARE PROCESS IN LUXEMBOURG

Do you have a health issue and don't know who to turn to?

The Luxembourg healthcare system offers solutions tailored to every situation. Primary healthcare professionals play a central role in managing the population's health. They are the first point of contact for any medical matter, whether it involves prevention, diagnosis, or treatment (excluding emergencies).

In most municipalities in Luxembourg, you have access to qualified general practitioners and paediatricians who provide care tailored to your needs and those of your family.

EVERY PROBLEM HAS ITS SOLUTION!

The family doctor

(general practitioners and paediatricians)
Your day-to-day health partner

General practitioners are health professionals who provide local care for adults and children. As a trusted doctor, they assess your symptoms, guide you towards the appropriate treatment, and offer personalised health monitoring. They can also refer you to a specialist if necessary.

When should you see them?

- Common health concerns: flu, joint pain, etc.
- Monitoring chronic illnesses: diabetes, asthma, high blood pressure, etc.
- Mental health: mood disorders, stress, anxiety, depression, etc.
- Prevention, advice, and screening: check-ups, vaccinations.

The paediatrician: specialist care for your children

Paediatricians specialise in caring for children from birth to adolescence. They monitor your children's growth, vaccinations, and general health. Whether it's a regular check-up or a consultation for an illness, paediatricians provide care tailored to each stage of your child's development.

To consult a general practitioner or paediatrician, simply book an appointment directly with the practice of your choice. Some professionals also offer the option of booking an appointment online.

EVERY PROBLEM HAS

Medical centres

A solution outside the opening hours of doctors' practices

Outside normal practices' opening hours, the medical centres are there for you when your health condition requires general medical care and you cannot wait for your doctor's practice to reopen. They provide permanent general medical care in the evenings, at weekends and on public holidays.

When should you go?

 In the evening from 8pm to midnight or at weekends from 8am to midnight, for routine non-urgent health problems that cannot wait until the following day.

IMPORTANT!

After midnight, you must **call 112**. Depending on the situation, your call may be forwarded to the doctor on duty.



ITS SOLUTION!

Hospital emergency services

Hospital emergency services are reserved for serious situations that put your health at risk.

When should you go?

- Worrying symptoms: chest pain, loss of consciousness, breathing difficulties, etc.
- Serious injuries: fractures, major wounds, trauma, etc.

If you have any doubts, call 112 directly!



For more information on emergency services and the list of hospitals on call, visit: https://santesecu.public.lu/fr/urgences-gardes/services-garde/hopitaux-gardes.html

VACCINATION

A simple gesture to protect your health and that of your loved ones.

Vaccination, combined with barrier measures, remains one of the simplest and most effective ways of protecting yourself against respiratory infections and limiting the spread of viruses, particularly in winter. These preventive measures must become daily reflexes to protect everyone's health.

We particularly recommend that people at risk get vaccinated against influenza and COVID-19. Consult your general practitioner to assess the relevance of these vaccinations and obtain advice tailored to your situation.

WHERE TO FIND THE RIGHT CARE AT THE RIGHT TIME?

Finding a general practitioner or specialist

To find a general practitioner or specialist, consult the online resources dedicated to health in Luxembourg.

Medical centres

Opening Hours:

Walk-in consultations every day, Monday to Friday from 8pm to midnight, and weekends and public holidays from 8am to midnight.

For further information, the switchboard can be reached during medical centre opening hours on (+352) 20 333 111.

Luxembourg-City (Strassen) New address! 5, rue des Primeurs, L-2361 Luxembourg

Esch-sur-Alzette (Belval)

3-5, avenue du Swing, L-4367 Belvaux

Ettelbruck

110, avenue Lucien Salentiny, L-9080 Ettelbruck



For more information on medical centres: https://santesecu.public.lu/fr/urgences-gardes/ services-garde/maisons-medicales.html

Paediatric medical centre

Opening Hours:

Walk-in consultations every day, Monday to Friday from 7pm to 10pm, and weekends and public holidays from 9am to 9pm.

Luxembourg-City

CHL Kannerklinik 4, rue Ernest Barblé, L-1210 Luxembourg

REFLEXES **TO ADOPT**

When should you call 112?

In the event of an immediate life-threatening situation.

What do I need to bring for a consultation?

Your social security card and an identity document

For further information, visit santesecu.lu and put your trust in your family doctor.



https://santesecu.public.lu/fr/ urgences-gardes.html



