

Do the FIT Test, to stay fit.



**Ask for
your FIT Test**
from pharmacies, BIONEXT
centres or on guichet.lu

**Colorectal cancer screening
is available from 45 to 74 years old.**

***If you have any questions,
ask your GP for advice.***



How it works?
sante.lu/colorectal



**Programme
Dépistage
Cancer colorectal**



LE GOUVERNEMENT
DU GRAND-DUCHÉ DE LUXEMBOURG
Ministère de la Santé
et de la Sécurité sociale
Direction de la santé

Colorectal Cancer Screening Programme

INVITATION FROM
45 TO 74 YEARS OLD



This test, **done at home in 5 minutes**, can save your life.

Why?

Colorectal cancer is a common cancer that is more easily treated if discovered early. It develops slowly, often without pain or digestive signs, from lesions called polyps that can bleed in the intestine. Bleeding from a polyp or cancer is not visible to the naked eye. Therefore it is important to have a screening test for blood in the stool (also called a FIT Test). Any lesions found can then be treated.

How do I get tested?

- I order the test on receipt of my invitation.
- I take the stool sample by myself at home.
- I send the test to the laboratory with the prepaid envelope.

And after the test?

- A couple of days later my result will be sent to me and to my physician.

In 94% of cases, the FIT Test result is negative.

This means that no blood was found in the test sample. **You will receive an invitation to take the test again in 2 years.**

In 6% of cases, the FIT Test result is positive.

This does not necessarily mean that you have cancer but indicates that blood was found in your stools.

To find out the source of the blood, a diagnostic colonoscopy will usually be necessary.

Speak to your doctor.

Some cancers can progress quickly, so it is important that you pay attention to the appearance of any abnormal digestive symptoms and see a doctor promptly if any change is noticed.

Get screened to put the odds in your favour.