

# Bronchiolitis:

## Important information for parents of children under 2 years

More info on:



sante.lu/bronchiolite

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### What is bronchiolitis and who is affected?

Bronchiolitis is a viral respiratory disease (caused in particular by the RSV virus) that is very common in infants under the age of two. It occurs mainly during the winter months. It causes inflammation of the respiratory tract: nose, throat and bronchi. In young children and babies, the bronchial tubes are small and are more easily blocked by secretions, which can cause the child to have difficulties to breathe.



### How is the virus transmitted?

The virus is easily transmitted from one person to another through saliva, coughing and sneezing. The virus can remain on hands and objects (such as toys, dummies, cuddly toys).

### What are the warning signs?

Be particularly vigilant if your child is less than six weeks old or if he or she is a former premature baby under three months old.

- > The baby is breathing fast and the breathing movements are very visible (the belly swells and the ribs stick out with each breath), you may hear a whistling or wheezing sound.
- > It no longer feeds or drinks because it is exhausted.
- > The child falls asleep and sleeps constantly, even though it is breathing loudly and heavily.



### Does your child have one or more symptoms? Take it to the "Kannerklinik" immediately!

### What preventive measures should be taken?

- > Wash your hands.
- > Wash toys and stuffed animals.
- > Do not share toys and bottles.
- > Do not put the child in day care before 3 months.
- > Air the bedroom.
- > Do not smoke around your child.
- > Breastfeed your child for at least 6 months if possible.
- > Limit yours contacts.
- > Ask others to wear a protective mask if they come within 2 metres of the baby.
- > Wear a protective mask if you have a cold.

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