

Publication of the report on suicidal behaviour among school-aged adolescents aged 13 to 18 in Luxembourg

A new HBSC Luxembourg report on suicidal behaviour among school-aged adolescents in Luxembourg has been published. The report analyses data from 24528 adolescents aged 13 to 18 who took part in the four waves of the HBSC Luxembourg survey conducted between 2006 and 2022 (2006, 2010, 2014 and 2022). The report examines trends and inequalities in suicidal behaviour among adolescents through four indicators: sadness, suicidal ideation, suicide planning and suicide attempts. It also highlights the role of behavioural and social factors such as health behaviours, gender identity and peer relationships.

The main findings are as follows:

- Since 2006, the prevalence of sadness and suicidality (suicidal ideation, planning and attempts) has increased among adolescents.
- Marked gender disparities persist across all survey waves. Girls consistently reported higher levels of sadness and suicidal behaviour than boys. In 2022, non-cisgender adolescents reported the highest prevalences of suicidal ideation and suicide attempts.
- Adolescents from less affluent families reported higher levels of suicidal behaviour than their peers from more affluent families.
- Beyond examining individual risk factors, the report identified five health lifestyle patterns among adolescents based on their health behaviours, including diet, physical activity, substance use and problematic social media use. Patterns characterised by several co-occurring risk behaviours showed the highest vulnerability to suicidal ideation and suicide attempts.
- The report also highlights the importance of the social environment: bullying was strongly associated with suicidal behaviour, whilst peer support emerged as an overall protective factor.

Overall, the findings highlight the need to address social disparities, identity-related vulnerabilities and the interactions between health behaviours in suicide prevention. These

results show the importance of integrating equity, inclusion and health promotion within existing frameworks in order to enhance the well-being of all young people in Luxembourg.

The HBSC Luxembourg Suicide Report is available on [ORBilu: Detailed Reference](#).

Furthermore, if reading about these topics causes concern or distress, support and counselling services are available. Information on support resources can be found here: [List of support services](#)